

# ESSAY

Pa amning : dabintluanga

Nu amning : dalolimpium

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## KAN CHHEHVEH

Kan chhehvel boruak hi a dang ta hle mai a, kan pu te pu lekhchawng te hunkai khae shucen, boruak te kha thienglim tak a ni thin, tur hunah erawh chuan boruak che tinrengin a tlakkuk a, a chhan chu, plastic bag, plastic polithene, plastic hmanrua chi tinreng khawkaiah an paik dark nasa hle a, kan luikamah te hian plastic chi tinreng hi ar that rei rui a, plastic hmanrua chi tinreng an hal bawk a, a khu hi a hlawhawn em a, natna chi hrang hrang a thlen thei a, heng mang te hian kan khawvel a che ~~tauh~~ hnehsawh hle a ni.

Aetihhai hian kan khawvel hian thatna tamtak a nei ve nghe nghe a, chungle zinga thenkhat chu, kan khawvel hi a changkang nasa em em a, entir non Mizoram hi han hmang ta ila miyok hi kan changkang me tawh tawh

a, hmanah kha chuan siapsuap leh hnawkhak te  
kan inbel mai mai thin a, tunah erawh chuan  
kan lo changkang da a, designer kutchhual mani  
em em leh tho leh tha em em te kar lo inbel  
ve da hial a. Chu mai nilowin thereuh te kan inbel  
ne ita a. Hengte hi hnam changkangna chi khat  
a ni a, Mizote mai nilowin hnam hrang hrang  
ram hrang hrang ten an changkan pui viam mai.  
Ei leh inah te kan changkang em em a,  
chu mai nilowin tam tak a awr, inchhungkhar  
bungura lo sawi hmasa ber ta ila, hmanah  
kha chuan tun argis gus te a awr ne lora,  
thing te an tuah mai zel a, tunkai naupang  
hi chu van no church a, gus te hi an on thiarn  
tawk tawk hi va nimai a, mahse an ni rek  
nge ni rek lo pawh hriat na ni suh, an  
ni rek lo a nih pawh a tam zawk che  
an ni tal ang. Fridge te hi va tangkai em em

a, kan eitut emaw thiil dang emaw paanh nise  
dah naanh nân te dah that nân te kan hmang  
thin a, hmanah khon soe an kap nasa thei si a, an  
so te kha engtin rge an dah that ang the ka ti thin  
a, an chhum nek ani ang te kha tia, a ni lo mai  
thei bawt, thiil tam tak sawi tur a awm, 9 lo sawi  
chhunzawm da zel mai ila. Ni e kan ram hi a  
changkang lle a, a lo changkan kelh zel down bawt a  
ni.

Kum te a mei ve zel a kan ram kan hnam  
kan sahkhuu te kan iishlutsak tawn a kan  
ingathpawimawh sok tur a ni.

Siamtuin a lo iduan thiam rgei e, sawa... manu  
tak leh pawisuei lo taka an heam ri te han  
ngaihthlat naung naung chi chuan kan clam sawung  
sawung zel e. Sawu te, Rama te, Ramnung te, mungcha  
chi tinreng mai te hi awm lo ta se kini mihringte  
hi kan clam zo lorang, ohu mai bakah thui te, pangpao  
te, thingkung te leh man te hi awm lo ta se kini  
mihringte leh mungcha te hi kan clam zo lorang.

Innmauh-down nek a siam kan ni a, taksa peng  
tin sang maxi hian, entis nar, kan ke hi awm lo ta se o  
engtin nge kan kal ang, kan mit hi awm lo  
ta se engtin nge kan hmuh thiik ang, kan beng hi  
awm lo ta se engtin nge ri kan hriat ang. Thing  
leh man te hi kan ke ang mai an nia, nungcha  
te hi kan beng sing an ni a, kieni miheingte  
hi thing leh man te deh nungcha te mit sing kan  
ni ve leh a, tu pawh hi kan paunimauh nek a,  
inhmisit tur tu mah reng reng kan awm lo. Kan  
koruak hip luh oxygen ( $O_2$ ) hi thing leh man te atanga  
kan down a nia, thing leh man te chaw hi kan  
hip luh oxygen kha carbonyl oxide -in kan thanh ohuak  
leh a chu chu engtiklai pawh hi kan inthleng thin. Chu  
mai bakah hnrim de hi sayupui te, sakhi te, etc...  
ten an ei a, sakhi te chu saker ten an ei ve leh a, saker  
te chu orumra slang ten an ei zel a, an sineichhowng zel  
a, a tampah chuan miheingten kan ei ve leh a, Pathian  
kan chawlh lun a tih chuan kan chawl tar a, kan paunim-  
awh em em nek a ni.

Ram along te chu class-12 an nih vii an  
graduate inghal thin a, India - ah erantri chuan class 12  
gawah BA a la awm a, B.A an gawh hian an graduate

chauk thin. B.A pawh kum-3 lai kan a la ngais  
a kan vandua rge kan karnei pawh deriat a ni lo,  
kan graduate hna ~~shuan~~ shuan kan school tukna te a that~~lo~~  
a that a nih bawk shuan kan tan a that a, mahse kan school  
a that phant a keimahnin kan zirthiam phant shuan kan tan  
a tha a ni mai. Mi sunah ka sawi tur pakkat mah ar awr  
le tih ka kria a, mahse ka ngaih ne atan shuan, pawl-10  
fail te hi intihun an tam ta hle mai a, ar ribu  
kan heko, mahse pawl-10 exam ne thei tur a ar awr te,  
pawl-10 thleng buaina em em stawk lona ar dam te  
hi a jawmawm, kum-5-ah school ~~class~~ dut ita se, class-10  
ah chuan kum-16 lai an ni ne tawh jawm a, a then  
phie shu kum-17 te van ni ang a. Pathianin nur  
hlu tak pawisa pawh in a dei theih loh min pe a,  
Pathianin a duh daka kan taksa a siam chi kan  
tichha in kan ti mal tur a ni lo. Chuti lo zaueng.  
Franki sibar kan tina dah ang rge.

He khawnei hi kan duhtawka chen twis Lekpa,  
kan Pathian chuan a ti a, smatherawh shu kan nur  
hi kan duh lawka kan chen theih laia in tha lo  
zauenga chen te, kan halpa, hre lek lo leh ngaihsak

leik lo a kan chen chuan kar shan xai em mai  
mai a ni si a. Thalaite u kauv nur lii kauv duh zewng  
kan chen down a nih chuan, kan Lalpa, kan Pathian  
hre gieng chungis when la i tan, i chhungte tan leh  
midang tan malsawma a ngei ang.

Thangal te hian i kal ne tawh ngai em? I ukal tawh  
a nih chuan i pimkhur ngei ang tiram? Mi e  
kan pimkhur a tur tak yet, kan lum te a hlaanhawm  
a, kan tlak te a hlaanhawm bawuk. Lang han tih hien  
i eibru vah lo lang hmasa ber le? Kei shu lang  
han tih hian ka eibru ah Reiek thang a lang hmasa  
ber a, Reiek thangah paunh ka la ukal lo, nakhse kan  
zirkaiah chuan Reiek thang chonkis tan zig a. Reiek thangah  
chuan khom sang tak tak a awm a, tlak path hlaanh  
chuan thih theihna khamp nek a ni a, Reiek thang ship lamah  
te chuan manung innghahna ni awm tak, khuan kalk hi a awm  
a; shu chu khawluakkali thutna va ni an ti. A jmuaw  
te ah hian a awm a (chi) mi huaisers leh in fit lo te tan  
chuan thit ngamna i chi paunh va nilo. Reiek thang lo  
thang dang charokis ka hre vah lona chunorga nia  
ka eibru ah paunh Reiek thang a tan hmatak ber ni.

Lui lamah chuan Nle lui thi a sii ber a, a dawd

Amazon, a la awm teuk mai, Mizoramah chuan Hawng lui hi a sei ber a, ram dawng chu ka kere uak leh do. Dil ah hian Caspian Sea hi a dior ber aik ka hian va, Tuifinriat lamah chuan Pacific Ocean hi a dior ber a, a den zia mai tur chu aw leh a bawm nien ang le. Lui, Dil leh Tuifinriat lampang hi ka ngaina thlauk lo, tui chen thiam loh phei chuan luah te hian kal mai mai leh tur a nia. Heng lo zinga ka hlaub loh ber pawh Dil hi a nia, mahse ka kal ngam chuang do. Ka dam chhung chuan Tuifinriat ka kal pit ang. Tui chen! thiam em? G thiam emaw thiamlo emaw heng pathum dil, Tuifinriat, lui ah to hao eng nge i hlaub loh ber? Tui chen thiamlo tan chuan swimming pool hi a ~~at~~ tawt chiah ani. ~~G~~(~~nat~~) nih a za maihei mahse thudik ka sawi. Kei phei chu swimming pool - ah pawh ka awm pei lo a ngsie, tlak hlem a hlaubhawn. Ka okar emaw min ti maihei mahse ka run ang yrei ke la okar min tih bik ka ning chiah do.

Ramah hian Russia ram hi a hian ber a a dawtah canada, ka hmethuat tu emaw chuan Canada hi U.S.A ram chhungah a awm a di that a,

mahse ram kian ber pathumna chu U.S.A a nis  
sia, a dang ne thlat, China hi khawrela ram leas ber  
palina a ni a, pangana chu Brazil. China hi hmarin  
hawk kha shuan mihring tamma ber ram a ni a, tunar  
erauth India a ni. China hi ram changkang tak a  
ni a, chetihualin Copyright an tih ang kha a ni  
bawk a, ram dang thilsiam an copy nasa thei em em a  
a buai-thlat. Chinese ho ka rgei naem em chu 201  
atang Khan covit-19 (Corona Vavirus) an tih chu an siam  
chhuak a, khaowel pumpuiah shuan hei chu a dark a, kan  
thih phah nasa nghe nghe a, India hi ram changkang  
an tih chu nle mahse scientist, ~~doctor~~ doctor leh  
engnear kan nei ngah em avangis a hei  
danna an siam chhuak a. Ram dang te an thawn  
ne zel bawk a. India hi zaung ka chhuang thlaut  
a ni. Indian ka ni we hi ka inchhuanna ber pakhet  
a ni a, India hi a ralmuang a Indian nih zel ka  
duh.

Thlates somah kian Sahara Desert hi a lian leh  
zaun ber a ni a, Northern Africa ram a sunmani. A  
dawlah shuan Arabian desert an tih South-west Asia ami

chu a lian leh ia, (Now) Thlalerah chuan great Victory  
desert van tih South-west Australia vani chu a hming hi  
kawmawm tak a ni. Thlaler han tih hian eng nge i  
ribuah awm hmasa ber? I kal lawh em? I da ikal  
le a nih chuan kal ne i chak em? Kei chu thlaler  
an tih hian Sahara desert a hmun ro tak ewah pawh  
sur ngai lohna hmun leh lei phut tam tak awrina  
hmun hi eka oubruah a lang hmason ber, ka la kal  
lova, kal pawh ka chak do. Thlaler chungchang mien  
an sawi dan va ka hriat chu thlaler hi hmun ro tak  
tui them tak leh ewah sur mak lohna hmun a ni Hengpu  
or, cartoon-ah phei chuan an tuhal lutuk wargin thlalerin  
a sum thin vel a. Ke hmelhriat pakhat chuan thlaler  
hi thla ber angin a ngai that a, a chhan pawh thla  
thla kan himthla wargin a ngai a, ber ne kham ni  
ber deuh sawina emau a ti that a, kuaithlat.

Continent lampangah chuan tsia hi a lian ber  
a, kan khamuelah hian continent pasawiha awm a,  
chungte chu, Asia, Africa, North America, South America,  
Antartica, Europe leh Australia te an ni a, kan  
sawi tak ang bhan tsia hi a lian ber a, kei hi tsia  
khamualpuiah eka awm a, Asia khamualpuiah chuan



India hika duh ber a, a chhan shu ka ram, ka  
seilenna  
ka ni a ka thlung lo theilo, a dawtah chuan Korea  
a nia, a chhan shu k-drama te, k-pop te ka en  
nasa re a ka duh wingant mai a, ka atchihh ne  
lemblo. A pathumnaah chuan China a nia ka duh  
chhan pawk ka welelo ka duh ne tawp a ni-  
mai. Nang eng nge i duh ne ber? Ni a kan ram kan  
hnam hi kan humhalk va ngai, a chhan chuan kan  
gortirutes Mizote hi Mai horin Indian ah min pawn  
tawk tawk tih min hrith a, kan laum lo, mahse kan  
them em a, mai ho te ren hian kan inang thlauet lo  
a din a ni. Mizote hi kan them teh reng ren kan  
thalaite hi drug addict - ah ar chang zo zel sia,  
Mizoram hi from changkang teh ping tak a siam  
kan duh a nih chuan heng drug, zu, meizial, sikkar,  
leh a idangte lak atang hian kan pihlim a tul ari.

Kan zooram hi kan xeng tha tur a nia, dawngthuchhele  
-ah hnam dang horin min lo sun emaw min lo do down ta se tun  
ang dinhmunah chuan kan hnem haub lonang tih theil khawp  
kan thachhia tawh a. An zooram the mah la chat takin nun  
ther ren lo tho leh raun.

Mipui tu pawh mai hian Mobile Phone li kan nei  
pui tawh mai a tiraw u . Mobile Phone kan khawih hian  
eng oge kan en ihmatak ber, tih chuan a therin, game,  
youtube, instagram, facebook , etc.. kan li rgei ang, internet  
khawuelah hian mi tin okan achen a, internet li hman  
dik chuan thil tangkai leh khawuelah tak va ni ang, mase  
mang dik lo te dan erawh chuan nun chhiat ~~ek~~ rek-na , zah  
~~amnon~~num run na, tah-rate leh thluak khawih bui  
theihna te va ni a, a thatna zah chuan tha tak  
va that lohnaahchuan thalo tak va ni . ~~Chutihla~~  
Chutiang bawkin mihringte hian thatna leh that  
lohna kan nei rek a, lumah insawisel thei kan awm  
lo, turbaiah ho mai mai a ni runna tak ching te  
kan awm a, a thalo takzet . Chu mai nilokin mi thil  
ruk ching te, mi thlabak post dark ching te leh mi  
blackmale chingte van dam belh dual dual a, kan  
goram mai nilokin ram dang lamtakin heng zinga  
mite ti an nei rek . Rem teh se , an knawksok ,  
an ninawm , an kuaithlak , an tenawm si ,  
englinnge raw an theirh zawk.

kan chheh net boruak thi a thwngmaw theh nang eng  
nge kai tih ang? Eng nge i tih ang? Kauz awm mai meie down  
nge kan thank down. Hlaah chuari 'Heng leh kei pawh  
hianin eng emau tal thank ang aw' an ti a. Nie  
nang leh kei ~~pawh~~ pawh hianin hna eng emau ni tal  
thank wng aw. Hra thank vual i la ri lo a si pawh  
lekkha kha tha takin han zor mai la, awm awt lai  
deuh te hian inchhung hmun te li ~~han~~ phiat ila,  
chuat te hi chan nuwt ila, hna thank loh awm awt  
mai mai ai chuan a hlawkin on tha daik zawk.  
Eng nge inah i tih thin tia an zawk hunah che engti  
nge i chhan ang b? A ho lutuk, inah hmunk  
i phiat a, chuat te i nauk thin chuan, hmun  
te ka phiat a chhuat te ika nuwt thing<sup>9</sup> ti mai la,  
engmah i tih ngai loh deh enggorak ka ti ngai  
lo<sup>9</sup> ti mai rawk. Engmah ka ti ngai lo<sup>9</sup> i tih chuan  
zehlkat ne deuh mai a nia, i zat ne ngauz ang le.  
Zak lo tur chuan thank rawh, Bible chuan "Thank  
lo chuan ei pawh ei suh se<sup>10</sup>" a tih kha.  
Thing leh made hi kan stan an tangkai a, an  
tellorin. Kan awm theilo wng thuk a ni, kan khaw  
et hi a hna kha chuan tha tak a ni thin, tunas

crawh mihuingte thiil mamaanh muah lo paanh  
siam nan an hmanga a khu te a kawg te hian  
borual a tichhia chu a ni der mai si a, kan mamaanh  
miah lo zu, sikhars, drug, toys, meizial, sahdah, tubus,  
etc... te ho hi awm tau se kan khawnek thi tur aum a  
changkargin a tha zauk ngei ang.

Kan hmangaihle chan nat zia chu kan here nek i  
a rinawm, kan hmangaihle min kalsan awng  
kan tuar na leh tuar thiamlo lulukin Pathian  
kan han dem eungauj mai shu thalo tak a ni,  
thalo ka ti khamp mai, he khawnelah lias thi  
thleng ngei ngei tur chias sa chu thihng a ni, tu  
paanh kan borul nek slawn a, he leiah hian thi  
leh twis kan pianga, kumkhua a awm tur ni  
lonin, kumkhua a kan shenna tur chu Vannram  
a ni, mahse Vannram a kat tur shwas he leiah  
hias tha taka run kan hman a ngai si a  
ni. Escam ang mai kan thi a, he leiah hian kan  
dam ohhungin kan exama, a taupsah kan result  
chu kan here mai zel a. Pass ho chu chatians nu  
neith an ni a, fail the crawh chee a sa lai

an sang ihin, shuangges kan escam hi tha takin  
pass iba, kan zauaius chatuan mun neih i tum  
ang u.

Kan mun hi kan veng uluk tur a ni  
a, keimah levin tu in ng veng shuang ang le  
midang chue ka mun veng turin ka li thei  
lowang, ka mun pawh ka mun him theih loh  
chuan tu mun nge ka mun sak shuan ang  
a, ka awm mai mai idawer em ni?

Hilo e, kan (k) mun hi keimahn theihin  
kan veng him tur va ni. Nang tu in nge  
i mun veng him? Bible chuan 'Lalpa chue  
mi vengtae a ni a, ka tlachham lowang,  
ani chuan hlobet bringdup ihmurah te mi  
bauktir thin on chawlhna tuikamah mi thin a tia,  
keimah ka nich loh chuan ka mun chue ka  
Lalpa duhlak kan Pathian chue ka venghim  
dir ngei ang.

Kum hei leh chen kan dam a thi tih tha tak  
dih tawh i hria em? I nei em? I nei lo a nih chuan  
neih ngai tum rawh. Thian chhau thih ngarmai nih  
tum rawh, ini theilo a nih pawh i mi huat ber thlengin  
an shungah that tum rawh mis a thi hunah pawh  
saw nau sawn ka dauer a rawk tawh tih te, saw  
nau saw jail-ah a tang tawh tih te saw nau saw a  
sual lutuka, a pair a hrawtchhuak tih te ai chuan  
saw nau sawn kudawhite tan hna a thawk eman  
tih tur hian a hlawh te hi kudawhite hnenah a pe  
rek ze a, a fel tak tak a nia aw tih te, saw nau ~~raw~~  
saw a dam laiin mis van pui nasa thei tak ka  
ui ngant mai, a fel si tih te, saw nau sawn a dam  
laiin a pa zuuu te hi a hau a, a sim theih van  
nasa takin a bei a a hlawtling a, tur thlengin  
saw nau mang sawn a la sangai thei a, a  
lawmawn (thei asin. I do sua) khawp mai tih te  
hi daws a chakauon ngai ang. I lo sual takzet a  
nih chuan tun atong hian bei la ~~fel~~ tum la that  
tum rawh, chung kaunga pui thei tu che ohu Leksa  
Isua Kristo hi a ni fawngtai la paliwon tih mi ni  
la dalpa chuen a tonsui ang che.